

Healthy Active Klamath Coalition

4/3/08

Attendees:

- Barb Templeton
- Kate Murphy
- Melissa Klegseth
- Patty Case
- Sue Schiess
- Bonnie Smith
- Erik Nobel
- Ken Hay
- Rosie Medford
- Cyndi Coaty

Welcome and Introductions

Farm to School Forum Re-cap

The farm to school forum was held on March 31 and close to 40 people attended. There seemed to be a lot of interest and some key people attended. The evaluations that we received back indicated that there is interest, but those interested need assistance with 'making connections'. Melissa will send out an e-mail to those who attended asking them for their 'profile' (are they a farmer or are they interested in purchasing; what do they grow/what do they want; contact information and so on). We would ideally like to post these 'profiles' to our website so that those interested can go there for more information.

Worksite Wellness Forum Re-cap

The worksite wellness training forum was on March 5th and we had between 40 and 50 people attend. David Hudson with DHS came down and did the presentation. Participants have indicated that they would like further training in this area. Melissa will send out the toolkit which should be coming out anytime and hopefully have another training sometime after that. David said that he would be willing to come down and do another training if we have at least 25 people interested.

Non-Food Rewards Contest

Melissa made it to all of the city schools and to a few of the county schools to collect the non-food reward ideas. A draft of the book that was created using these ideas was passed around along with the winning contest ideas. Melissa will go ahead and contact the school district to get an ok to get the books printed and distributed to all of the elementary teachers.

Update on Tobacco Related and Other Chronic Diseases Grant

Melissa explained that we are one of 12 counties that received a grant through the state for \$32,500. With this grant a team of us will attend 6 different training institutes in hope of gaining the necessary skills to conduct a community assessment of chronic diseases in our county. If funding allows, it is our understanding that counties will be able to reapply for funding after our assessment is complete to begin implementing programs. Melissa will update the group after the first institute.

City Parks Project

Rose shared a letter that she received from the Friend of Wiard Park. The letter explained their plans for putting in a water/spray park and removing the wadding pool. They are in the process of looking for grants and other funding for this project.

TV Turn off Week

Barb handed out information on TV Turn off Week which is April 21-26. The Herald and News is going to follow a family that offered to turn off their TV for the week. Barb is organizing Family Food and Fun Nights at Fairview on April 22 and Chiloquin on April 24, both from 5:00 7:00. She has a number of volunteers but is still looking for more. There will be both food and activity booths for students and their families.

Kate suggested that "TV Turn off Week" materials go out to pediatrician offices in the community and Rose suggested medical offices as well. These materials can include things to do instead of watching TV. Kate offered to do this, Barb will get the materials to her.

Next Meeting

Our next meeting will be Thursday May 8th at 3:30 PM. At this meeting we will begin planning for a forum on community planning and parks. At this forum we hope to discuss issues related to the rules and regulations with developments, built environment and what community members can do to encourage changes with new developments.